

Cycle Tour through the Ruhr Area

8 DAYS / 7 NIGHTS, APPROX. 240 KM
BOOKING CODE: SW-RUHH7

DAILY ROUTE LENGTH ●●●●●
TOPOGRAPHY ●●●●●



Your tour

The Ruhr region was once a place where heavy industry and mining were at home. Today, the area is bursting with industrial monuments. Be it the „Kokerei Hansa“ and the „Phoenix West“ steelworks near Dortmund, the „Nachtigall“ colliery in the Muttental, the Henrichshütte in Hattingen, the imposing Villa Hgel and the „Zollverein“ colliery near Essen or the Duisburg-Nord landscape park. Get in touch with the eventful past of the region in the west of North Rhine-Westphalia on the easy-to-bike stages and during the included guided tours.

Itinerary

Day 1	Individual arrival in Herne		
Day 2	Herne – Dortmund, approx. 50 km		
Day 3	Dortmund – Hattingen, approx. 40 km		
Day 4	Hattingen – Kettwig, approx. 40 km		
Day 5	Kettwig – Duisburg, approx. 25 km		
Day 6	Duisburg – Essen, approx. 45 km		
Day 7	Essen – Herne, approx. 40 km		
Day 8	Individual departure		

Travel time

Season A	12.04.	04.10. – 11.10.	
Season B	19.04. – 26.04.	07.06. – 09.08.	20.09. – 27.09.
Season C	03.05. – 31.05.	16.08. – 13.09.	

Arrival Sunday 12.04. – 11.10.2026
The season is dictated by the arrival date.

Notes

→ Minimum number of participants: 2 persons

Services

- 7 nights with breakfast, national 3*-level
- Digital travel documents and route navigation via app
- Guided cycle tour Duisburg-Nord Landscape Park
- Guided tour Industrial Museum Henrichshtte Hattingen
- Guided tour Skywalk Phoenix-West
- Guided tour Nightingale Colliery Underground Museum
- Guided tour Zollverein Colliery
- Luggage transport from hotel to hotel, max. 2 pieces of luggage per person, max. 20 kg / piece
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not included services

→ Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	999,-
Doubleroom, Season B	1179,-
Doubleroom, Season C	1279,-
Additional fee single room	299,-

Additional night prices per person

Herne DBL / BB	79,-
Herne SGL / BB	119,-

Additional services per person

E-bike / Pedelec*	289,-
Rental bike (27-gear)*	99,-

*including rental bike insurance

Exemplary hotel list

Herne	Parkhotel Herne	https://www.parkhotel-herne.de/
Dortmund	Hampton by Hilton Dortmund Phoenix See	https://www.hilton.com/de/hotels/dtmdhxx-hampton-dortmund-phoenix-see/
Hattingen	Zur alten Krone Hattingen	https://www.krone-hattingen.de/
Kettwig	Landhaus Knappmann Essen-Kettwig	https://hotel-knappmann.de/
Duisburg	Wyndham Duisburger Hof	https://www.wyndhamduisburg.com/de
Essen	Friends Zeche Zollverein Essen	https://www.hotelfriends.de/
Herne	Parkhotel Herne	https://www.parkhotel-herne.de/

Child reduction on basic price

0 - 5 Years	100%
6 - 11 Years	50%
12 - 14 Years	25%
15 - 17 Years	10%

Reduction for children is valid for accommodation in room with two full-paying guests.

Languages Travel documents

→ German, English

Additional note

- All bookings are on request.
- Optionally bookable: Printed travel documents incl. maps, per room € 20
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Bike lock
- Air pump
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier

Journey to Herne

- Nearest airports: Düsseldorf
- Train station: Herne

Parking in Herne

- Free parking at and around the arrival hotel cannot be reserved in advance. Pay parking garages in the immediate vicinity. No reservation by Radweg-Reisen possible.

Stages description

Day 1: Individual arrival in Herne

Welcome to the Revier! Your bike tour starts in Herne, in the heart of the Ruhr area. After check-in at the hotel, grab your bike. Discover the Rhine-Herne Canal, the Teutoburgia coal mine settlement and the Strünkede moated castle. Are you interested in the history of mining? Then we recommend a trip to nearby Bochum. The mining museum there is the largest of its kind in the world and provides exciting insights into the coal and steel industry that has shaped the Ruhr region from its beginnings to the present day.

Day 2: Herne – Dortmund, approx. 50 km

You will spend the first kilometers of your bike tour through the Ruhr region on the Route of Industrial Culture bike path. It takes you along the Rhine-Herne Canal to the Henrichenburg ship lift. Now an industrial museum, it once served as a 14-meter elevator for ships. This was considered a masterpiece over 100 years ago. The tour continues along the Emscher Cycle Path in the direction of Dortmund. On the way, detours to the Hansa coking plant and the stadium of the Borussia Dortmund soccer club are worthwhile. Another highlight of the day

is a guided tour (included) on the Skywalk Phoenix West. Walk across the steel walkway of the former steelworks and learn more about the region's past on a tour.

Day 3: Dortmund – Hattingen, approx. 40 km

Along a disused railroad line, today's stage of your bike tour through the Ruhr region first takes you to the Nachtigall mine. The former coal mine and the surrounding Muttental valley are considered the cradle of Ruhr mining. Equipped with a helmet, you will take part in a guided tour (included) through the mine's tunnels and learn more about the mining of black gold and the working conditions underground in the 19th century. On the Ruhr Valley Cycle Path you cycle past Lake Kemnader, one of six Ruhr reservoirs, and reach the half-timbered town of Hattingen.

Day 4: Hattingen – Kettwig, approx. 40 km

Before you get on your bike, a guided tour (included) of the Henrichshütte Industrial Museum in Hattingen is on your daily program. Visit the oldest blast furnace in the Ruhr region, marvel at the enormous gas machines and experience in the show foundry how the principle of

forming from liquid iron works. The Ruhr Valley Cycle Path takes you through green landscapes to Lake Baldeney, where a longer break is worthwhile. Visit Villa Hügel, built by industrialist Alfred Krupp, with its extensive landscape park - impressive! Continue along the Ruhr to your overnight stop in Kettwig.

Day 5: Kettwig – Duisburg, approx. 25 km

On today's stage of your bike tour through the Ruhr region, there are only a few kilometers of riding ahead of you. It's worth taking a longer break in Mülheim. The Aquarius Water Museum there provides multi-media insights into the world of water. From the water tower you can enjoy a panoramic view of the region. Once in Duisburg, you will have plenty of time for a tour of the port of Duisburg. The largest inland port in the world has 21 harbor basins and a shore length of 40 kilometers. The structural changes that have taken place in Duisburg in recent decades can be best appreciated during an evening stroll through the inner harbor.

Day 6: Duisburg – Essen, approx. 45 km

Your cycling day will first take you to the Duisburg-Nord Landscape Park. During a guided tour (included) by bike, you will get to know the 180-hectare site and its most secluded corners. It was created

around a disused iron and steel works and, with its numerous leisure facilities and cultural events, is one of the best urban parks in the world. Continue along a disused railroad line to Oberhausen. Visit the nearly 120 meter high Gasometer before cycling to Bottrop. From the abstract-looking Tetraeder, a walk-on observation terrace, you have a wonderful panoramic view. You will spend the night in Essen.

Day 7: Essen – Herne, approx. 40 km

Today's cycling day begins with a guided tour (included) of the Zollverein coal mine. Known as the Eiffel Tower of the Ruhr, you will get to know what was once the largest and most powerful coal mine in the world. You will then cycle on to the Hoheward slag heap. Together with the Hoppenbruch slag heap, it forms the largest slag heap landscape in the Ruhr region. A special eye-catcher is the horizon observatory, from which you can watch the course of the sun, the moon and the stars. Over the dragon bridge you will quickly reach the starting point of your bike tour through the Ruhr area in Herne.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.