



Rhine XL –
from the source
to Heidelberg

From Eur **2499,-**

The Rhine Cycle Path to Heidelberg

21 DAYS / 20 NIGHTS, APPROX. 880 KM

BOOKING CODE: RH-KH20

DAILY ROUTE LENGTH ●●●●●

TOPOGRAPHY ●●●●●

Your tour

On this tour, you will experience the many facets of the Rhine from its origins in the Alps to the Upper Rhine. A minibus takes you comfortably from your hotel in Constance to the start of your cycle tour at just under 1,500 metres above sea level. At the foot of the Splügen Pass, you start with a wonderful descent through the famous Via Mala. You cycle through picturesque gorges, pay a visit to Lake Constance, savour the sun-kissed wines of Baden and get to know exciting cities such as Basel, Freiburg, Strasbourg and Heidelberg.

Travel time

Season A	27.04.	21.09. – 28.09.	
Season B	04.05. – 11.05.	07.09. – 14.09.	
Season C	18.05.	15.06. – 29.06.	17.08. – 31.08.
Season D	25.05. – 08.06.	06.07. – 10.08.	

Arrival Sunday 27.04. – 28.09.2025
The season is dictated by the arrival date.

Services

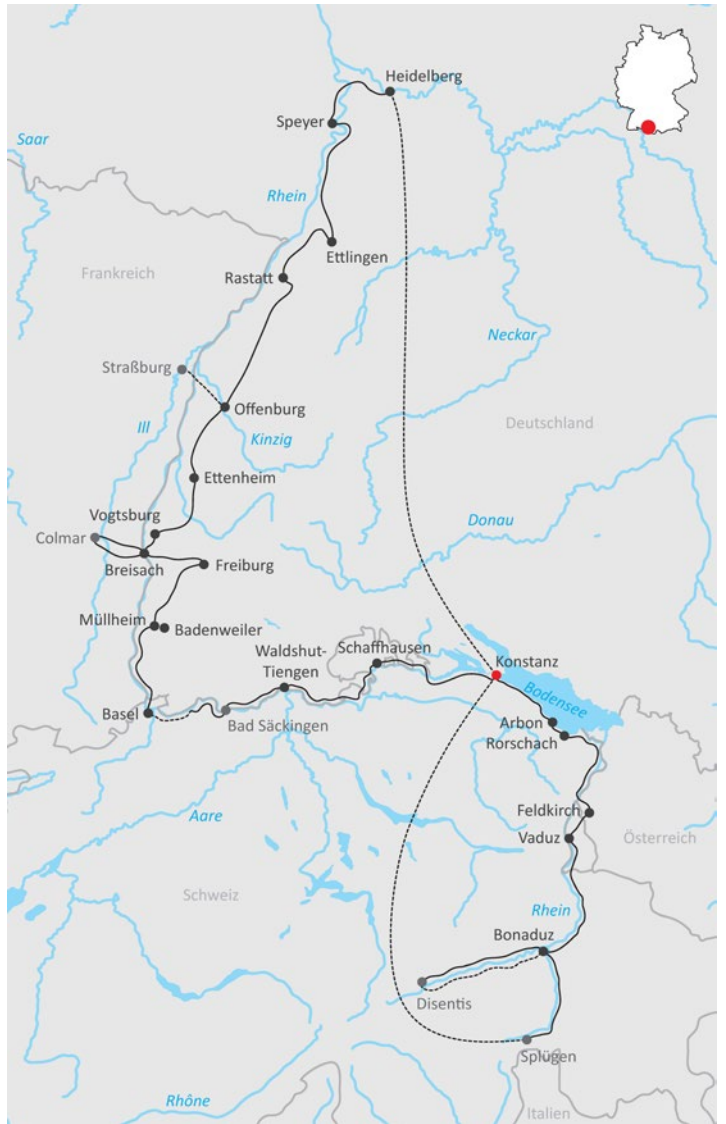
- 20 nights with breakfast, national 3*-level
- Train ride Reichenau-Tamins – Disentis incl. bike
- Boat trip to the Rhine Falls rock
- Entrance Castle Heidelberg
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)
- Transfer Constance – Splügen incl. bike

Not included services

- Train ride Offenburg – Strasbourg & return, approx. 20 euro
- Train ride Rheinfeldern – Basel, approx. 8 euro per person incl. bike
- Citys or visitors tax, if payable

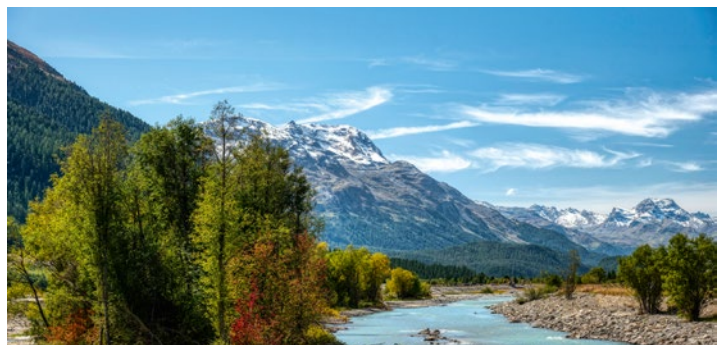
Basic price per person

Doubleroom, Season A	2499,-
Doubleroom, Season B	2999,-
Doubleroom, Season C	3499,-
Doubleroom, Season D	3999,-
Additional fee single room	899,-



Itinerary

Day 1	Individual arrival in Constance
Day 2	Konstanz – Splügen – Bonaduz, approx. 45 km + Transfer
Day 3	Trip to Disentis, approx. 55 km + train ride
Day 4	Bonaduz – Vaduz, approx. 60 km
Day 5	Vaduz – Rorschach / Arbon, approx. 65 / 70 km
Day 6	Arbon – Constance, approx. 30 km
Day 7	Constance – Schaffhausen, approx. 50 km
Day 8	Schaffhausen – Waldshut-Tiengen, approx. 55 / 60 km
Day 9	Waldshut-Tiengen – Basel, approx. 50 km + train ride or 65 km
Day 10	Basel – Badenweiler / Müllheim, approx. 50 / 45 km
Day 11	Badenweiler – Freiburg, approx. 45 / 40 km
Day 12	Freiburg – Breisach / Vogelgrun / Vogtsburg, approx. 30 – 45 km
Day 13	Excursion to Alsace and Colmar, approx. 50 / 70 km
Day 14	Breisach – Ettenheim / Mahlberg, approx. 50 / 40 km
Day 15	Ettenheim – Offenburg, excursion to Strasbourg, approx. 35 km + train ride
Day 16	Offenburg – Rastatt, approx. 60 km
Day 17	Rastatt – Ettlingen, approx. 45 km
Day 18	Ettlingen – Speyer, approx. 65 km
Day 19	Speyer – Schwetzingen – Heidelberg, approx. 30 km
Day 20	Rest day in Heidelberg
Day 21	Individual departure



Additional night prices per person

Constance DBL / BB	75,-
Constance SGL / BB	115,-

Additional services per person

E-bike / Pedelec*	269,-
Teenager's bike*	49,-
Rental bike (27-gear)*	99,-
Sporty rental bike (30-gear)*	169,-
Parking (fenced) in Constance	49,-
Return transfer excl. bike (Sat)	99,-
Return transfer incl. bike (Sat)	139,-

*including rental bike insurance

Exemplary hotel list

Konstanz	Apartment-Hotel Konstanz	https://www.apartment-hotel-konstanz.de/
Bonaduz	Alte Post Bonaduz	https://altepost.swiss
Bonaduz	Alte Post Bonaduz	https://altepost.swiss
Vaduz	Landhaus Am Giessen Vaduz	https://giessen.li
Rorschach / Arbon	Frohsinn Arbon	https://frohsinn-arbon.ch/
Konstanz	Apartment-Hotel Konstanz	https://www.apartment-hotel-konstanz.de/
Schaffhausen	Park Villa Schaffhausen	https://www.parkvilla.ch/
Waldshut-Tiengen	Waldshuter Hof	http://www.waldshuter-hof.de
Basel	Rochat Basel	https://www.hotelrochat.ch
Müllheim / Badenweiler RH	Schacherer Müllheim	https://www.hotel-schacherer.de
Freiburg	City Hotel Freiburg	https://cityhotel-freiburg.de
Breisach / Vogelgrun / Vogtsburg	Le Caballin Vogelgruen	https://www.hotellecaballin.com
Breisach / Vogelgrun / Vogtsburg	Le Caballin Vogelgruen	https://www.hotellecaballin.com
Ettenheim / Mahlberg	Rebstock Ettenheim	http://rebstock-muenchweier.com
Offenburg	Holiday Inn Express Offenburg	https://www.ihg.com/holidayinnexpress/hotels/gb/en/offenburg/zpaob/hoteldetail
Rastatt	Schwert Rastatt	https://www.hotel-schwert.de
Ettlingen	Wattalden Ettlingen	https://hotel-wattalden.de
Speyer	Goldener Engel Speyer	https://www.goldener-engel-speyer.de
Heidelberg	Kulturbrauerei Heidelberg	https://heidelberg-kulturbrauerei.de
Heidelberg	Kulturbrauerei Heidelberg	https://heidelberg-kulturbrauerei.de

Child reduction on basic price

12 - 17 Years	25%
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Due to the more demanding stages, we recommend this trip only for young people with good stamina.

Additional night prices per person

Basel DBL / BB	99,-
Basel SGL / BB	139,-
Bonaduz DBL / BB	99,-
Bonaduz SGL / BB	149,-
Freiburg DBL / BB	65,-
Freiburg SGL / BB	99,-
Heidelberg DBL / BB	89,-
Heidelberg SGL / BB	125,-
Vaduz DBL / BB	99,-
Vaduz SGL / BB	149,-

Languages Travel documents

→ German, English, Dutch, French

Additional note

→ All bookings are on request.

→ Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Comfortable saddle
- Bike lock
- Luggage rack
- Odometer
- Air pump
- Hub dynamo
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder
- Further information and photos of the rental bikes are available: www.cycling-holiday.com/rental-bikes

Journey to Konstanz

- Closest airport: Zurich, Stuttgart, Basel, Karlsruhe, Memmingen, Friedrichshafen
- Train station: Constance

Parking in Konstanz

- Fenced parking lot near the Radweg-Reisen office in Constance, must be booked and paid in advance.
- Parking garages (Fischmarkt, Dammgasse, Lago, Altstadt, Benediktinerplatz), costs approx. 25 Euro / day
- Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents)

Bike handover

- Pick-up at Radweg-Reisen in Konstanz between 9 am and 7 pm, 7 days per week. On request delivery to the hotel, then no individual adjustment by our staff on site. Departure: Return at Radweg-Reisen or guests leave them at the hotel.

Luggage transport

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Travel documents

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

Stages description

Day 1: Individual arrival in Constance

Take the opportunity to visit the island of Mainau, wander through Constance's old town or visit the aquariums in the Sea Life Center and go to the Archaeological Museum.

Day 2: Konstanz – Splügen – Bonaduz, approx. 45 km + Transfer

At the beginning of your first bike stage, a transfer will take you up into the mountains to Splügen. Here you get on your bike and comfortably roll downhill, following the river Rhine through the Graubünden region to Bonaduz. On the way you pass by the gorge of Viamala - carved deep into the rock by the river Rhine.

Day 3: Trip to Disentis, approx. 55 km + train ride

This stage will take you up and above: About 700 meters of altitude difference have to be mastered. In the morning you take the train to Disentis It's quite a rugged route you take, especially the first half, as it follows an unmade-up road. You follow the Vorderrhein through the Rhaeto-Romanic Alpental Valley. Shortly after Ilanz the route takes you up a long, but not very steep, hill. Once you've reached the top, you are immediately rewarded with the sight of the canyon-like Rhine Ruinalta ravine, before you return to Bonaduz.

Day 4: Bonaduz – Vaduz, approx. 60 km

Today your route takes you along the Alpine Rhine through Switzerland for a while, until you reach the Principality of Liechtenstein in a leisurely ride. The fourth smallest state in Europe is known for its medieval castles and mountain panoramas. When you arrive in the capital of Liechtenstein, Vaduz Castle welcomes you immediately.

Day 5: Vaduz – Rorschach / Arbon, approx. 65 / 70 km

Today you're going to be out and about in three different countries: After a short time you will have cycled through Liechtenstein, which is only 25 km long, and continue cycling through Austria back into Switzerland. Here the route takes you slowly downhill to Lake Constance, which welcomes you with its many sailing boats on the glittering water.

Day 6: Arbon – Constance, approx. 30 km

Following the banks of the lake almost all the way, you cycle through the small town of Romanshorn back to Constance. This route is flat and, with the exception of strong west winds, easy to master. Again and again you come to bathing spots where you can refresh yourself in the cool water.

Day 7: Constance – Schaffhausen, approx. 50 km

Following the side of Lake Constance, you pedal to Stein am Rhein with its frescoed, medieval houses. Switching several times between Germany and Switzerland you reach the canton's capital, Schaffhausen. The town, whose citizens competed with each other in building gables on their houses, is overlooked by Munot fort.

Day 8: Schaffhausen – Waldshut-Tiengen, approx. 55 / 60 km

After breakfast, it's a short cycle ride to the Rhine Falls, one of Europe's biggest waterfalls. You can get a boat right up close to the mighty roar of the water. The Rhine accompanies you further on your way to Waldshut-Tiengen, passing Rheinau monastery and the little town of Kaiserstuhl.

Day 9: Waldshut-Tiengen – Basel, approx. 50 km + train ride or 65 km

You cycle further on downstream, via Laufenburg to Bad Säckingen, where you'll find Europe's longest wooden, roofed bridge. Have a stop here – there are two very special museums you can visit: The Müllmuseum (garbage museum) and a museum about the famous „Trumpeter from Bad Säckingen“. Following the northern bank of the Rhine, you cycle on to Rheinfelden. To shorten the route you can board a train here (not included). Should you decide to continue by bike, a visit to the Roman fort Augusta Raurica is worthwhile.

Day 10: Basel – Badenweiler / Müllheim, approx. 50 / 45 km

You leave Basel, on the border to three countries, and will see the Istein Klotz from afar - which used to be located right on the Rhine and has always been a site for castles and forts. At the edge of the Black Forest, you cycle through small spa towns, which all draw on the healing waters of the area.

Day 11: Badenweiler – Freiburg, approx. 45 / 40 km

You cycle through the vineyards of the Markgräflerland - up to the right the Black Forest and to the left the Vosges Mountains. Freiburg is Germany's warmest and most southern city. It has its own particular

charm - look out for the small water-filled rills along most streets and alleyways. From the Schlossberg, you have a great view over the town and the surrounding area.

Day 12: Freiburg – Breisach / Vogelgrun / Vogtsburg, approx. 30 – 45 km

Get in the saddle and set off on the first stage of your cycle tour in the Kaiserstuhl. Get out of the hustle and bustle of the city and into the idyllic landscape. You cycle along vineyards and through beautiful little villages. Discover the charming old towns of Breisach and Burkheim. Taste the sun-drenched wines of the region, plus a portion of ‚Leberle‘ with ‚Brägele‘ and you’ll be fortified for the onward journey.

Day 13: Excursion to Alsace and Colmar, approx. 50 / 70 km

You cross the Rhine by bike and thus also the border to France. Neuf-Brisach is the town of the Sun King. A tour of the octagonal, architecturally unique town will also fascinate you. Then you cycle to charming Colmar. Old, well-preserved half-timbered houses and flower-decked bridges add to the dreamy atmosphere of the Petite Venise district.

Day 14: Breisach – Ettenheim / Mahlberg, approx. 50 / 40 km

Today you cycle through romantic wine-growing villages, historic town centers and varied landscapes with virtually no inclines. First you cycle along the Rhine. You reach Ettenheim via Sasbach and Riegel am Kaiserstuhl. The baroque town awaits you with its tranquil flair, pretty half-timbered houses and picturesque alleyways. At the end of the day, you can enjoy a fine drop of wine from the surrounding vineyards.

Day 15: Ettenheim – Offenburg, excursion to Strasbourg, approx. 35 km + train ride

Today’s stage takes you to Offenburg in just a few kilometres. This gives you the opportunity to make an excursion by train to Strasbourg in addition to the capital of the Ortenau region. Get to know the traditional cuisine of Alsace in the cosy wine taverns and stroll through „La Petite France“. The former tanners’ and millers’ quarter, located in the west of the old town island, is a must with its narrow alleys!

Day 16: Offenburg – Rastatt, approx. 60 km

From Offenburg you cycle north along the edge of the Rhine plain. The route leads over the foothills of the Black Forest Nature Park to Baden-Baden. You spend the night in the former residence town of Rastatt, which impresses with its baroque buildings.

Day 17: Rastatt – Ettlingen, approx. 45 km

Today you cycle to Karlsruhe. The city has a fan-shaped ground plan with the Karlsruhe Castle in the center. After leaving Karlsruhe, you soon reach Ettlingen - your destination for today. An evening walk through the historic center will take you past many old half-timbered houses and town houses.

Day 18: Ettlingen – Speyer, approx. 65 km

From Ettlingen, the tour continues to Speyer. The old imperial city impresses with its imposing cathedral, the largest Romanesque church in the world.

Day 19: Speyer – Schwetzingen – Heidelberg, approx. 30 km

Now you say goodbye to the Rhine. You cycle through the Rhine plain via Schwetzingen to Heidelberg. The image of the famous university town is dominated by the ruins of the world-famous Heidelberg Castle. Situated between the Neckar River and the foothills of the Kleiner Odenwald, this gem of German Renaissance architecture is clearly visible above the old town. On the Philosophenweg (Philosophers’ Path) on the opposite bank of the Neckar, you can experience exotic plants and enjoy a fantastic view of the city.

Day 20: Rest day in Heidelberg

Today you have a whole day to explore Heidelberg’s beauty. Besides the university, Heidelberg is known for its baroque old town and the castle ruins. You can comfortably reach the ruins by mountain railway and enjoy the view over the city and the Neckar valley.

Day 21: Individual departure

After breakfast you start your individual return journey home or extend your stay.