



Sporty Schleswig-Holstein Tour

12 DAYS / 11 NIGHTS, APPROX. 805 KM
BOOKING CODE: OS-NOHH11-SP

DAILY ROUTE LENGTH ●●●●●
TOPOGRAPHY ●●●●●



Along the North Sea and
Baltic Sea coasts

From Eur **1449,-**



Your tour

This journey leads you through the “real North” of Germany. You cycle to the shore of the Lower Elbe and the alternating coasts of the Baltic and the North Sea in Schleswig-Holstein – very fast on flat and well-developed cycle paths. On shorter and longer stages, it goes from Hamburg along the Elbe and via the Kiel Canal to the sand beaches of Eckernförde. From Flensburg, you cycle to the North Sea. Relax in the dunes of Sylt, before your tour leads you energetically to the kilometer-long beach St. Peter-Ording and through the Dithmarschen back to Hamburg.

Itinerary

Day 1	Individual arrival in Hamburg
Day 2	Hamburg – Brunsbüttel / St. Michaelisdonn, approx. 80 / 105 km
Day 3	Brunsbüttel – Eckernförde, approx. 90 km
Day 4	Eckernförde – Schleswig – Kappeln, approx. 70 km
Day 5	Kappeln – Flensburg, approx. 75 km
Day 6	Flensburg – Niebüll / Risum, approx. 75 / 85 km
Day 7	Excursion to the Island of Sylt, approx. 110 km + train ride
Day 8	Niebüll – Husum, approx. 90 / 80 km
Day 9	Husum – St. Peter-Ording – Tönning / Lunden, approx. 85 / 95 km
Day 10	Tönning – St. Michaelisdonn / Brunsbüttel, approx. 65 – 90 km
Day 11	Brunsbüttel – Hamburg, approx. 110 / 90 km
Day 12	Individual departure

Travel time

Travel time			
Season A	25.04. – 12.05.	20.09. – 27.09.	
Season B	17.05. – 20.05.	06.09. – 19.09.	
Season C	13.05. – 16.05.	26.05. – 03.07.	16.08. – 05.09.
Season D	21.05. – 25.05.	04.07. – 15.08.	

Daily arrival 25.04. – 27.09.2026
The season is dictated by the arrival date.

Services

- 11 nights with breakfast, national 3*-level
- Train ride Niebüll – Westerland (Sylt) – Niebüll incl. bike
- Luggage transport from hotel to hotel, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not included services

- Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	1449,-
Doubleroom, Season B	1649,-
Doubleroom, Season C	1949,-
Doubleroom, Season D	2149,-
Additional fee single room	499,-

Additional night prices per person

Flensburg DBL / BB	99,-
Flensburg SGL / BB	139,-
Hamburg DBL / BB	95,-
Hamburg SGL / BB	139,-
Niebüll DBL / BB	85,-
Niebüll SGL / BB	125,-

Additional services per person

E-bike / Pedelec*	289,-
Rental bike (27-gear)*	99,-
Sporty rental bike (30-gear)*	179,-

*including rental bike insurance

Exemplary hotel list

Hamburg	Raphael Hotel Wälderhaus	https://www.raphaelhotelwaelderhaus.de/
Brunsbüttel / St. Michaelisdonn	Schleusenhotel Brunsbüttel	https://www.schleusenhotel.de/
	Kleiner Yachthafen Brunsbüttel	https://www.hotel-kleiner-yachthafen.de/
Eckernförde	Seelust	https://www.seelust-hotel.de/
Kappeln	Schlei Hotel	https://www.schleihotel.de/
Flensburg	Boutiquehotel Petuh	https://petuh.de/
Niebüll / Risum	Landhafen Niebüll	https://www.landhafen.com/
Niebüll / Risum	Landhafen Niebüll	https://www.landhafen.com/
Husum	Hinrichsen	https://www.nordsee-hotel-hinrichsen.de
Tönning / Lunden	BeBio be active Hotel Miramar	https://be-bio-hotels.de/be-active-biohotel/
Brunsbüttel / St. Michaelisdonn	Kleiner Yachthafen Brunsbüttel	https://www.hotel-kleiner-yachthafen.de/
	Schleusenhotel Brunsbüttel	https://www.schleusenhotel.de/
Hamburg	Raphael Hotel Wälderhaus	https://www.raphaelhotelwaelderhaus.de/

Child reduction on basic price

Due to the challenging stages, we do not recommend this trip for children.

Additional night prices per person

Brunsbüttel / St. Michaelisdonn DBL / BB	65,-
Brunsbüttel / St. Michaelisdonn SGL / BB	105,-
Eckernförde DBL / BB	89,-
Eckernförde SGL / BB	129,-
Husum DBL / BB	69,-
Husum SGL / BB	109,-
Kappeln DBL / BB	85,-
Kappeln SGL / BB	125,-
Tönning / Lunden DBL / BB	89,-
Tönning / Lunden SGL / BB	129,-

Languages Travel documents

→ German, English, Dutch, French

Additional note

- All bookings are on request.
- Not bookable during Kieler Woche (20.06 – 28.06.2026)
- Not bookable during Wacken Festival (30.07.– 02.08.2026)
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Comfortable saddle
- Bike lock
- Luggage rack
- Odometer
- Air pump
- Hub dynamo
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier
- Waterproof handlebar bag with map holder
- Further information and photos of the rental bikes are available: www.cycling-holiday.com/rental-bikes

Journey to Hamburg

- Closest airports: Hamburg
- Train stations: Hamburg Hbf, Hamburg-Wilhelmsburg

Parking in Hamburg

- Parking garage in Hamburg: Cost approx. 12 to 20 euros / day
- Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents).

Bike handover

- Arrival: Guests' rental bikes will be available at the arrival hotel.
Departure: The guests leave the bikes at the last hotel. If an e-bike has been rented, the battery, charger and key must be returned to the reception.

Luggage transport

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Travel documents

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

Stages description

Day 1: Individual arrival in Hamburg

In the Hanseatic city of Hamburg, you can see and discover a lot. Therefore, we recommend an early arrival. You have a particularly good view of the hustle and bustle of the city from the city's landmark – the tower of St. Michael's.

Day 2: Hamburg – Brunsbüttel / St. Michaelisdamm, approx. 80 / 105 km

Your route takes you along the Elbe towards the North Sea. A first stop is worthwhile at the ship welcoming facility in Wedel. Ocean liners and cruise ships are greeted and seen off here. In Brunsbüttel you can visit the busiest artificial waterway in the world - the Kiel Canal. For a deeper insight into the history, we recommend a visit to the lock museum.

Day 3: Brunsbüttel – Eckernförde, approx. 90 km

You follow the Kiel Canal mostly close to the shore and without any particular inclines. On the way you can observe different types of ships. After passing the Wittensee, you reach the 700-year-old harbour town of Eckernförde.

Day 4: Eckernförde – Schleswig – Kappeln, approx. 70 km

Today you first reach Schleswig. Even from a distance, you can see St. Peter's Cathedral, the town's landmark. Along the river Schlei you reach Arnis, the smallest town in Germany and a few kilometres later you reach your destination for the day, Kappeln. Here the museum harbour is particularly worth seeing.

Day 5: Kappeln – Flensburg, approx. 75 km

Mostly with a view of the Baltic Sea you cycle first to Glücksburg. Glücksburg, Germany's northernmost town, boasts one of the most beautiful castles in Northern Europe. After a rest, you continue to Flensburg, your destination for the day. The history of Flensburg goes back more than 750 years.

Day 6: Flensburg – Niebüll / Risum, approx. 75 / 85 km

Heading west and through flat marsh and heath landscapes, you quickly reach Niebüll, your overnight stop today. The name is derived from Frisian and means new settlement. It is worth visiting the Frisian Museum. There you gain insights into the living and economic culture of the North Frisians.

Day 7: Excursion to the Island of Sylt, approx. 110 km + train ride

By train, you travel on the Hindenburg dam to the island of Sylt. The island has a network of cycle paths covering more than 200 kilometres. You decide which route you would like to take to explore the island. The train brings you back to Niebüll in the evening.

Day 8: Niebüll – Husum, approx. 90 / 80 km

Not long after you start your cycling day you pass the harbour towns of Dagebüll and Schlüttsiel. Always along the coast, a first detour to the Hamburger Hallig is worthwhile. The peninsula is only one square kilometre in size. Today's destination is Husum, the hometown of the famous writer Theodor Storm. He once described the town as a grey city by the sea. However, you will be greeted by a lively town and a colourful harbour.

Day 9: Husum – St. Peter-Ording – Tönning / Lunden, approx. 85 / 95 km

Your cycle tour takes you to the Eiderstedt peninsula. The 40-metre high red and white striped lighthouse, the landmark of North Friesland, can already be seen from afar. A long break is recommended in St. Peter-Ording. Strengthened, you continue to Tönning, your destination for the day. In the Multimar Wattforum you can learn more about life in the Wadden Sea.

Day 10: Tönning – St. Michaelisdamm / Brunsbüttel, approx. 65 – 90 km

On your cycling route today you find the largest coastal protection structure in Germany – the Eider Barrage. Your first stop thereafter is recommended in Büsum. It is the origin of the famous Büsum crabs. On the way, there is always the opportunity for a refreshment in the sea and a relaxing sunbath on one of the many sandy beaches. Refreshed, the tour continues through Dithmarschen to Brunsbüttel or St. Michaelisdamm.

Day 11: Brunsbüttel – Hamburg, approx. 110 / 90 km

Today the last, but also longest stage of your cycle tour awaits you. The route includes mostly flat cycle paths. Along the Kiel Canal you reach Hamburg after a total of 790 km. You may decide how you would like to spend the last evening in the metropolis on the Elbe.

Day 12: Individual departure

After breakfast you start your individual return journey home or extend your stay.