

Cycle tour from St. Moritz to Innsbruck

8 DAYS / 7 NIGHTS, APPROX. 270 KM
BOOKING CODE: OE-INSI7

DAILY ROUTE LENGTH ●●●●●
TOPOGRAPHY ●●●●●



Breathtaking mountain panoramas on the Inn

From Eur 1499,-



Your tour

Stylish and elegant – this is how your sophisticated starting point of the bike tour from St. Moritz to Innsbruck welcomes you. Cycling, you follow the river through picturesque villages of the wide Engadine high valley such as Zernez, Susch and Lavin. You have to be careful not to forget to cycle because of the diverse impressions and magnificent panoramas. The country changes – the fascination remains: Welcome to Austria! The Inn, sometimes calm, sometimes wild as well as the fascinating Tyrolean mountains continue to accompany you on your bike tour. Numerous sights such as Zams Monastery and Landeck Castle are well worth a stop. The warmth and conviviality of the locals will accompany you to Innsbruck, the cultural and Olympic city on the Inn.

Itinerary

Day 1	Individual arrival to St. Moritz
Day 2	Round tour St. Moritz, approx. 40 km
Day 3	St. Moritz – Zernez, approx. 35 km
Day 4	Zernez – Scuol, approx. 35 km
Day 5	Scuol – Prutz / Ried, approx. 55 km
Day 6	Ried – Imst, approx. 40 km
Day 7	Imst – Innsbruck, approx. 65 km
Day 8	Individual departure

Travel time

Season A	24.04. – 01.05.	25.09.	02.10.
Season B	08.05.	15.05.	04.09. – 18.09.
Season C	22.05. – 28.08.		

Arrival Friday 24.04. – 02.10.2026
The season is dictated by the arrival date.

Services

- 7 nights with breakfast, national 3* / 4*-level
- Digital travel documents and route navigation via app
- Luggage transport from hotel to hotel to Innsbruck, max. 20 kg / piece
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not included services

- Citys or visitors tax, if payable

Basic price per person

Doubleroom, Season A	1499,-
Doubleroom, Season B	1549,-
Doubleroom, Season C	1629,-
Additional fee single room	439,-

Additional night prices per person

Innsbruck DBL / BB	99,-
Innsbruck SGL / BB	169,-
St. Moritz DBL / BB	149,-
St. Moritz SGL / BB	239,-

Additional services per person

E-bike / Pedelec*	289,-
Rental bike (21-gear)*	99,-
Return transfer excl. bike (Fri)	145,-
Return transfer incl. bike (Fri)	189,-

*including rental bike insurance

Exemplary hotel list

St. Moritz	San Gian St. Moritz	https://sangian.swiss-hotels-stmoritz.ch/
St. Moritz	San Gian St. Moritz	https://sangian.swiss-hotels-stmoritz.ch/
Zernez	Spöl Zernez	https://www.hotel-spoel.ch
Scuol	BellaVal Scuol	https://www.bella-val-scuol.ch
Prutz / Ried	Gasthof Riederstüb'n Ried	https://www.riederstubn.com/
Imst	Hirschen Imst	http://www.hirschen-imst.com/
Innsbruck	Rufi's Hotel Innsbruck	https://www.rufis-hotel.at/

Child reduction on basic price

12 - 14 Years	25%
15 - 17 Years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina. Reduction for children is valid for accommodation in room with two full-paying guests.

Languages Travel documents

→ German, English, French

Additional note

- All bookings are on request.
- Optionally bookable: Printed travel documents incl. maps, per room € 20
- Return journey to St. Moritz: Optionally by minibus every Friday morning, duration approx. 3 hours, reservation required, payable in advance.
- Alternatively on your own by train, connections several times a day, duration approx. 4.5 hours, 2 – 4 changes.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Bike lock
- Odometer
- Handlebar bag
- Breakdown kit (1 x per booking)
- Unflat Schwalbe Marathon Plus tyres or comparable
- Waterproof pannier

Journey to St. Moritz

- Nearest airports: Innsbruck, Munich
- Train station: St. Moritz

Parking in St. Moritz

- Garage in St. Moritz approx. 15 – 25 CHF / day or public parking spaces near the hotel, costs approx. 110 CHF / week. No reservation possible through Radweg-Reisen.

Luggage transport

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Stages description

Day 1: Individual arrival to St. Moritz

After your arrival for the cycle tour from St. Moritz to Innsbruck and check-in at the hotel, take your time to visit the famous Alpine destination. You will notice right away - St. Moritz is different. It stands for elegance and class worldwide. The world's high society meets at the famous Snow Polo and even James Bond has raced down the slopes in St. Moritz. Enjoy the unique flair of the town as you stroll through the streets.

Day 2: Round tour St. Moritz, approx. 40 km

Grab your bike right after breakfast and explore the fascinating area around St. Moritz. Cycle along the Silvaplana and Silvaplana lakes and get ever closer to the source of the Inn. In Majola or Silvaplana you will be welcomed with a hearty bainvegni. Sit down in a café near the lake

and watch in awe as the kite surfers use the wind for their fascinating tricks. Relax and cycle back to St. Moritz, where you will also spend the next night.

Day 3: St. Moritz – Zernez, approx. 35 km

Often along the banks, you follow the still narrow, quiet Inn downstream. Lively, picturesque villages such as Samedan, La Punt and Zuoz lie along the way. Richly decorated farms and stately patrician houses - postcard idylls as far as the eye can see. The locals ensure that Engadin culture remains alive. Roll on to Zernez, the gateway to the national park. Home to rare Alpine animals and untouched, wild nature, it is the only national park in Switzerland that you will get to know on the cycle tour from St. Moritz to Innsbruck.

Day 4: Zernez – Scuol, approx. 35 km

The rushing of the Inn becomes louder and the river a little wider. However, the pretty villages remain small. You pass through the small mountain village of Lavin and Guarda, which lies high above the Inn and owes its name to the magnificent view. Cycle leisurely through the alleyways of the villages and return the friendly greetings of the locals. You will soon reach Scuol, your destination for today's stage. Relax in the Bogn Engiadina thermal spa (not included) or visit Tarasp Castle, the majestic landmark of the Engadin.

Day 5: Scuol – Prutz / Ried, approx. 55 km

Today's stage of your cycle tour from St. Moritz to Innsbruck begins very relaxed again. You cycle leisurely through the wonderful landscape of the Engadin. Enjoy the views of the mountains and the lush green meadows. Soon it's time to say goodbye to Austria! First you reach Pfunds, a tranquil village in the border triangle. Roll on effortlessly through numerous small villages, whose traditional way of life can be seen as you pass by. You will soon have reached your stage destination of Ried or Prutz.

Day 6: Ried – Imst, approx. 40 km

Cycle to Landeck first, where you can take your first break. There is a lot to see here: The castle and landmark of the town houses the local history museum. If you fancy a hike, visit the Zammer Lochputz, a

mystical gorge with a waterfall and mirror cave. Back on the saddle, greet Zams Monastery and cycle through the protected Milser Au to Imst. Are you not afraid of heights? Then visit the Adlerhorst viewing platform! You can reach the platform via a 13-metre-long footbridge, from where you have a magnificent view of the mountains.

Day 7: Imst – Innsbruck, approx. 65 km

Set off on the last stage of your cycle tour from St. Moritz to Innsbruck. You follow the river through small, traditional villages to Stams. A visit to the Cistercian abbey of Stams Abbey with its own schnapps distillery is a worthwhile break. You then cycle the last few kilometers to the Tyrolean capital of Innsbruck. You should take plenty of time to explore this fascinating city. The Hofburg, the Golden Roof, Ambras Castle and the Witten Basilica are just a few witnesses to great history. You can get a wonderful view of the city from above from the Bergisel Olympic ski jump.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.