

Baltic cycling holidays: Estonia, Latvia, Lithuania

11 DAYS / 10 NIGHTS, APPROX. 365 KM

BOOKING CODE: EN-LTTV10

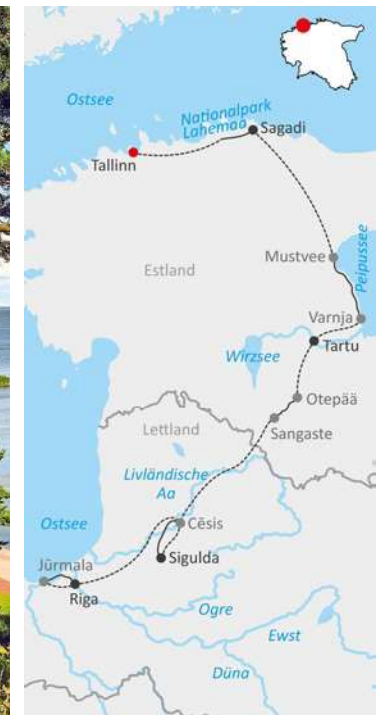
DAILY ROUTE LENGTH ●●●●●

TOPOGRAPHY ●●●●●



The most beautiful way to discover the Baltic States

From Eur **1759,-**



Your tour

Experience the Baltic States on two wheels! This varied cycle tour takes you through Estonia, Latvia and Lithuania. Discover the historic old town of Tallinn, cycle through the Lahemaa National Park, enjoy nature in the Gauja National Park and experience the Curonian Spit. Guided city tours in Riga and Vilnius and a boat trip across the Curonian Lagoon round off the program. Be inspired by the unique blend of nature and culture!

Itinerary

Day 1	Individual arrival in Tallinn
Day 2	Tallinn – Lahemaa National Park – Sagadi, approx. 50 km + transfer
Day 3	Sagadi – Mustvee – Tartu, approx. 50 km + transfers
Day 4	Tartu – Otepää – Sangaste – Sigulda, approx. 30 km + transfers
Day 5	Sigulda – Gauja National Park – Riga, approx. 40 km + transfer
Day 6	Exploring Riga and a day of bathing in Jūrmala, approx. 35 km + train ride
Day 7	Riga – Lithuanian coast – Klaipėda, approx. 40 km + transfer
Day 8	Klaipėda – Kurische Nehrung – Nida, approx. 60 km + ferry trip
Day 9	Nida – Kurische Haff – Memeldelta – Kaunas, approx. 30 km + boat trip
Day 10	Kaunas – Trakai – Vilnius, approx. 35 km + transfer
Day 11	Individual departure

Travel time

Season A	03.06. – 15.07.	29.07.	12.08.
	26.08.	02.09.	

Arrival Wednesday 03.06. – 02.09.2026
The season is dictated by the arrival date.

Notes

→ Minimum number of participants: 4 persons

Services

- 10 nights with breakfast, national 3* / 4*-level
- Bus transfers according to programme incl. bike
- Guided 2-hour city tour in Tallinn, Riga and Vilnius (entrance fees not included, mostly in English)
- Luggage transport from hotel to hotel to Vilnius, max. 20 kg / piece
- City tax
- Cycle route description with maps (1 x per room)
- Boat trip across the Curonian Lagoon from Nida to the mainland
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not included services

- Train ride Jūrmala – Riga incl. bike
- Ferry ride Klaipėda incl. bike

Basic price per person

Double room	1759,-
Additional fee single room	539,-

Additional night prices per person

Tallinn DBL / BB	69,-
Tallinn SGL / BB	119,-
Vilnius DBL / BB	59,-
Vilnius SGL / BB	99,-

Additional services per person

E-bike / Pedelec	299,-
Rental bike (24-gear)	129,-

Exemplary hotel list

Tallinn	Hestia Ilmarine Tallinn	https://www.hestiahotels.com/ilmarine/
Sagadi	Hotel Sagadi	https://rmk.ee/sagadi-mois/
Tartu	Hotel Dorpat Tartu	https://dorpat.ee/
Sigulda	Hotel Sigulda	https://hotelsigulda.lv/en/
Riga	Hestia Jugend Riga	https://www.hestiahotels.com/jugend/en/
Riga	Hestia Jugend Riga	https://www.hestiahotels.com/jugend/en/
Klaipėda	Old Mill Hotel Klaipėda	https://www.oldmillhotel.lt/
Nida	Nerija Nida	http://www.neringahotels.lt/nerija_en.htm
Kaunas	Hotel Kaunas	http://www.kaunashotel.lt/
Vilnius	Comfort Hotel LT Vilnius	https://comforthotel.lt/

Child reduction on basic price

0 - 17 years	15%
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Children's discount applies for accommodation in a room with two full-paying guests, no discount from the age of 18. A multi-bed room is usually a double room with an extra bed or folding sofa. No four-bed rooms possible.

Languages Travel documents

→ German, English

Additional note

- All bookings are on request.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Bike lock
- Luggage rack
- Breakdown kit (1 x per booking)
- Waterproof pannier
- Waterproof handlebar bag with map holder

Journey to Tallinn

- Nearest airports: Vilnius (Lithuania), Tallinn (Estonia)
- Train station: Tallinn

Stages description

Day 1: Individual arrival in Tallinn

Individual arrival in Tallinn and transfer to the hotel (not included), where you will receive the information pack (with maps and detailed description) at the reception. At 6.00 p.m. you can take part in the guided tour of Tallinn.

Day 2: Tallinn – Lahemaa National Park – Sagadi, approx. 50 km + transfer

Short transfer to one of the most popular nature parks in Estonia, Lahemaa National Park, where there are huge forests, wetlands and many cycling and hiking trails. Your first cycling stage begins here. Lahemaa National Park is home to numerous birds and animals and a rich variety of fauna. It is a paradise for nature lovers.

Day 3: Sagadi – Mustvee – Tartu, approx. 50 km + transfers

Transfer in the morning to Mustvee, where today's cycle tour begins and leads along Lake Peipus to Varnja. Lake Peipus is the fourth largest lake in Europe, located between Estonia and Russia. You will pass many fishing villages along the way. Then transfer to Tartu, the university city of Estonia.

Day 4: Tartu – Otepää – Sangaste – Sigulda, approx. 30 km + transfers

Short transfer to the town of Otepää. You can spend a wonderful summer holiday here in the lovely villages, in the so-called Estonian Switzerland, with its many lakes. The cycle tour starts in Otepää and leads to Sangaste, where the famous romantic castle from the 19th

century is located. Transfer to Latvia. On the way you stop in Cesis, where you can visit the medieval old town. Arrival in Sigulda, Latvia's most popular town, located in the Gauja valley.

Day 5: Sigulda – Gauja National Park – Riga, approx. 40 km + transfer

In the morning, you cycle through the Gauja National Park. On the way you will enjoy the views of the Gauja river valley with the Gutmann Cave. On the tour you will also see the ruins of the 13th century Order Castle in Sigulda and Turaida Castle. End your journey on the Baltic coast in Saulkrasti, where you can visit the Latvian Bicycle Museum. In the afternoon transfer to Riga. This is followed by a guided tour of the Old Town of Riga, a medieval Hanseatic city famous for its Art Nouveau buildings.

Day 6: Exploring Riga and a day of bathing in Jurmala, approx. 35 km + train ride

In the morning you can explore Riga on your own. Then cycle along the cycle path to Jurmala (the most famous seaside resort in Latvia - known for its endless white beaches, healing mud and mineral water). Continue cycling along the Baltic Sea. In Jurmala you have the opportunity to take a break for a swim. In the evening, take the local train back to Riga (30 minutes, not included).

Day 7: Riga – Lithuanian coast – Klaipėda, approx. 40 km + transfer

After breakfast, you leave Latvia by minibus and drive directly to the Lithuanian coast. On the way you stop at the Hill of Crosses, an unforgettable place with thousands of crosses on two small hills. You start your cycle tour today, which takes you along a beautiful cycle path along the Baltic Sea coast to Klaipėda. On the way to Palanga, Lithuania's famous Baltic seaside resort, take a break and visit the famous pedestrian zone: numerous cafés on Basanavičius Street invite you to pay a visit. Stroll across the 470-metre-long pier and explore the Amber Museum.

Day 8: Klaipėda – Kurische Nehrung – Nida, approx. 60 km + ferry trip

After breakfast, you will cross the Curonian Lagoon in a few minutes by ferry (not included) and reach the Curonian Spit, where you will cycle along the paved cycle path to Nida. On the way, you can make a stop to admire the Witches' Hill, where you can see bizarre carvings from Lithuanian legends, as well as the colony of cormorants and herons. Also stop at the „Dead Dunes“, swim in the Baltic Sea and enjoy golden beaches.

Day 9: Nida – Kurische Haff – Memeldelta – Kaunas, approx. 30 km + boat trip

Breakfast is followed by a boat trip across the Curonian Lagoon to the mainland. During the trip, you will enjoy great views of the sand dunes of the Curonian Spit. You cycle to the famous bird observatory in Ventė, where you can visit the bird station and the 19th century lighthouse. In the afternoon, continue your journey through the Memel Delta Regional Park. You will then be transferred by minibus to your hotel in Kaunas.

Day 10: Kaunas – Trakai – Vilnius, approx. 35 km + transfer

Immediately after breakfast, a minibus transfer takes you to the Lithuanian lake district. By bike (lake landscape, slightly hilly) you reach Trakai with the famous 14th century Gothic island castle in Lake Galve, which you can visit. Continue by minibus to Vilnius, the capital of Lithuania. The old town centre shines with baroque and classicist buildings.

Day 11: Individual departure

After breakfast you start your individual return journey home or extend your stay.