

BESTSELLER

The Five Rivers Tour in Bavaria

8 DAYS / 7 NIGHTS, APPROX. 260 – 305 KM BOOKING CODE: BY-FFRR7 DAILY ROUTE LENGTH •••••

TOPOGRAPHY ••••







Your tour

The five rivers Vils, Naab, Pegnitz, Altmühl and Danube define the route. Along the way are some of Bavaria's cultural and scenic highlights. The old imperial city of Nuremberg, the Danube breakthrough at Kelheim and the striking cathedral in Regensburg are connected by well-maintained cycle paths. Your wheels will roll almost by themselves. And what is the very special treat of a cycling tour through Bavaria? Of course, the excellent beer selection at the stage destination!

Itinerary

Day 1	Individual arrival in Regensburg
Day 2	Regensburg – Kallmünz, approx. 30 km
Day 3	Kallmünz – Amberg, approx. 40 km
Day 4	Amberg – Nürnberg, approx. 55 km + train ride or approx. 75 km
Day 5	Nuremberg – Berching, approx. 40 km + train ride or approx. 65 km
Day 6	Berching – Essing / Kelheim, approx. 50 / 55 km
Day 7	Kelheim – Regensburg, approx. 50 / 40 km
Day 8	Individual departure

Travel time

Season A	01.04. – 03.04.	12.04. – 18.04.	04.10. – 11.10.
Season B	04.04 11.04.	19.04. – 25.04.	27.09. – 03.10.
Season C	26.04. – 22.05.	07.06. – 03.07.	23.08. – 26.09.
Season D	23.05 06.06.	04.07 22.08.	

Daily arrival 01.04. – 11.10.2026 The season is dictated by the arrival date.

Services

- → 7 nights with breakfast, national 3*-level
- → Luggage transport from hotel to hotel, max. 20 kg / piece
- → Cycle route description with maps (1 x per room)
- → Service-Hotline (7 days, 08.00 a.m. 08.00 p.m.)

Not included services

- → Bahnfahrt Lauf (links Pegnitz) Nuremberg, approx. 14 Euro
- → Bahnfahrt Nuremberg Burgthann, approx. 18 Euro
- → Citys or visitors tax, if payable

Basic price per person

price per percent	
oleroom, Season A	799,-
oleroom, Season B	899,-
oleroom, Season C	1099,-
oleroom, Season D	1199,-
tional fee single room	249,-
oleroom, Season C oleroom, Season D	1099 1199

Additional night prices per person

Nürnberg DBL / BB	69,-
Nürnberg SGL / BB	105,-
Regensburg DBL / BB	65,-
Regensburg SGL / BB	99,-

Additional services per person

E-bike / Pedelec*	289,-
Teenager´s bike*	49,-
Rental bike (10-gear)*	99,-

^{*}including rental bike insurance

Exemplary hotel list

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Regensburg	Achat Regensburg im Park	https://achat-hotels.com/hotels/regensburg-im-park
Kallmünz	Pension im Malerwinkel Kallmünz	https://www.pension-kallmuenz.de
Amberg	Vienna House Easy Amberg	https://www.viennahouse.com/de/easy-amberg
Nürnberg	Prinzregent	https://www.prinzregent.net
Berching	Post Berching	https://www.post-berching.de
Essing / Kelheim	Weißes Lamm Kelheim	http://www.weisses-lamm-kelheim.de
Regensburg	Achat Regensburg im Park	https://achat-hotels.com/hotels/regensburg-im-park

Child reduction on basic price

12 - 14 Years	25%
15 - 17 Years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina.

Children's discount applies for accommodation in a room with two full-paying guests, no discount from the age of 18. A multi-bed room is usually a double room with an extra bed or folding sofa. No four-bed rooms possible.

Additional night prices per person

Amberg DBL / BB	65,-
Amberg SGL / BB	99,-
Berching DBL / BB	85,-
Berching SGL / BB	119,-
Essing / Kelheim DBL / BB	69,-
Essing / Kelheim SGL / BB	99,-
Kallmünz DBL / BB	65,-
Kallmünz SGL / BB	99,-

Languages Travel documents

→ German, English, Dutch, French

Additional note

- → All bookings are on request.
- → Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- → Comfortable saddle
- → Bike lock
- → Luggage rack
- → Odometer
- → Air pump
- → Hub dynamo
- → Breakdown kit (1 x per booking)
- → Unflat Schwalbe Marathon Plus tyres or comparable
- → Waterproof pannier
- → Waterproof handlebar bag with map holder
- → Further information and photos of the rental bikes are available: www.cycling-holiday.com/rental-bikes

Journey to Regensburg

- → Closest airports: Munich
- → Train station: Regensburg Hauptbahnhof (main station)

Parking in Regensburg

- → Public car parks, costs approx. 10 20 EUR / day.
- → Hotel parking spaces (available in individual hotels, chargeable, details in the travel documents).

Bike handover

→ Arrival: Guests' rental bikes will be available at the arrival hotel.

Departure: The guests leave the bikes at the last hotel. If an e-bike has been rented, the battery, charger and key must be returned to the reception.

Luggage transport

→ Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Travel documents

- → 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- → Dispatched up to four weeks before arrival. For short-term bookings, delivery to the start hotel, hotel list and arrival information will be sent by email

Status: 24.07.2025

Stages description

Day 1: Individual arrival in Regensburg

Your tour begins in Regensburg, the most northern town on the Danube. This town is considered Germany's best preserved city and has been declared a UNESCO Heritage Site. Take some time to explore the lovely parks and gardens as well as the historic old town.

Day 2: Regensburg - Kallmünz, approx. 30 km

Today you have a short stage ahead of you, so there is enough time for an extensive tour of historic Regensburg. Then you leave the UNESCO World Heritage city and cycle along the Naab River, surrounded by meadows, forests and fields. On both banks, Jura rocks up to 100 meters high tower over the lovely valley. Finally, at the ruins of Kallmünz Castle, another river change announces itself: Here the Vils flows into the Naab.

Day 3: Kallmünz – Amberg, approx. 40 km

If you decide to climb up to the castle ruins of the same name at Kallmünz, you will be rewarded with a magnificent view of the Naab valley! Afterwards you part from the Naab and now follow the Vils. On an old railroad line, you will now roll along the Five Rivers Cycle Path through the charming Vils Valley. The landmark of the city of Amberg is the Amberger Stadtbrille, a water gate with two towers that spans the Vils.

Day 4: Amberg – Nürnberg, approx. 55 km + train ride or approx. 75 km

After a flat section, it gets a bit hillier again today. You will cross one of the most densely wooded areas in Germany, the "Hersbrucker Schweiz". For centuries, the town of Hersbruck was the center of hop growing and trade, as evidenced by the elevator dormers as roof noses on the restored half-timbered houses. You leave Hersbruck through the famous Wassertor (water gate) and head into the Pegnitz Valley with its almost untouched river landscape. In Lauf, you can board the local train (not included) at the Lauf train station on the left side of the Pegnitz to save your energy and have time for another sightseeing tour of Nuremberg.

Day 5: Nuremberg – Berching, approx. 40 km + train ride or approx. 65 km

From Nuremberg you cycle, following the Pegnitz and Ludwig-Danube-Main Canal, in a southeasterly direction. Here, on the edge of the Franconian Alps, the route goes quickly without any inclines. Alternatively, you can take the train (not included) to Burgthann to shorten the route a bit and have more time. The distinctive church towers of the old town and the Wolfstein castle ruins on the ridge above the town greet you from afar. Via Freystadt you reach the Main-Danube Canal, which now shows you the way. For long stretches you roll downstream directly along the canal bank. Then you have already arrived at your stage destination Berching.

Day 6: Berching - Essing / Kelheim, approx. 50 / 55 km

Today, you will alternately drive along the old arms of the Altmühl, which captivate you with their naturalness. Via Dietfurt and Riedenburg you will reach Essing, which has one of the most popular photo motifs of the entire Altmühl valley: the two-story Bruckturm with its 46 meter long wooden bridge. From Kelheim, you can take a very worthwhile excursion by boat (not included) through the Danube breakthrough to Wellenberg Monastery. Here you should definitely plan a visit to the beer garden!

Day 7: Kelheim – Regensburg, approx. 50 / 40 km

Before you set off to Regensburg, it's worth making the effort to cycle up to the Hall of Liberation, where you have incredible views of the area. Continue at a more leisurely pace on to Regensburg, where you reach the most northerly point of the Danube. This town is considered Germany's best-preserved city and has been declared a UNESCO Heritage Site.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.